

safe side at Eastside



Junior Citizen for Years 5 & 6 at KS2

In the words of a teacher:

"This is an amazing trip. The children learn so much in such a short space of time. All of the scenarios are very relevant and the children absolutely love the trip. There is no other way we could teach the children about safety in such a short amount of time and so effectively."

What will the children learn about?

Learning Objectives:

- ▶ To be able to recognise dangers
- ▶ To learn to make things safer for themselves and others

The Junior Citizen programme brings your PSHE curriculum to life through 11 life-like scenarios which include a road crossing, bus, train, canal, car, house, alleyway, food store and street scene. In an interactive, practical two-hour tour, children learn to recognise key

dangers and understand how to reduce risk to themselves and others.

By presenting learning in visual, auditory and kinaesthetic formats, the programme appeals to all children and especially engages those who

find formal education more difficult. Each group of around six children is led by a trained visitor guide. Rather than learning a set of rigid rules, children are instead challenged to think for themselves and develop skills which they can apply in different life situations.

National Curriculum: Personal, Social and Health Education at Key Stage 2

Knowledge, skills and understanding

Preparing to play an active role as citizens

- Pupils should be taught:
 - why and how rules and laws are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules
 - to realise the consequences of anti-social and aggressive behaviours, such as bullying and racism, on individuals and communities

- that there are different kinds of responsibilities, rights and duties at home, at school and in the community, and that these can sometimes conflict with each other
- to resolve differences by looking at alternatives, making decisions and explaining choices

Developing a healthy, safer lifestyle

- which commonly available substances and drugs are legal and illegal, their effects and risks

- to recognise the different risks in different situations and then decide how to behave responsibly, including sensible road use, and judging what kind of physical contact is acceptable or unacceptable
- that pressure to behave in an unacceptable or risky way can come from a variety of sources, including people they know, and how to ask for help and use basic techniques for resisting pressure to do wrong

Scenarios

Car

Learning Objectives:

- ▶ To know that loose things in the car continue to move when the car has stopped suddenly
- ▶ To know when to use a booster seat and about safe use of seatbelts
- ▶ To understand the consequences of distracting the driver

Railway

Learning Objectives:

- ▶ To understand the dangers of railway tracks and the consequences to themselves and others of trespass
- ▶ To think about considerate behaviour on a train
- ▶ To encourage train travel as a safe and environmentally responsible travel mode

Kitchen and lounge

Learning Objectives:

- ▶ To understand the key hazards in a kitchen and how to control them
- ▶ To understand how they can help to keep younger children safer in the home

Water

Learning Objectives:

- ▶ To understand the main risks in and around different water situations
- ▶ Know what to do in an emergency
- ▶ Understand some environmental consequences of litter

Upstairs house

Learning Objectives:

- ▶ To understand and reduce risk of fire
- ▶ To understand the importance of a working smoke alarm
- ▶ To know what to do in a domestic fire situation: escape and emergency calls

Safeside Youth Court

Learning Objectives:

- ▶ To understand that vandalism is a crime
- ▶ To know that vandalism causes accidents and other long term consequences
- ▶ To think about how to deal with peer pressure

The Street Crossing

Learning Objectives:

- ▶ Understand the probable results of being hit at different speeds
- ▶ Know that it takes time for a car to come to a halt
- ▶ Know how to cross the road safely in different situations

Co-operative Store

Learning Objectives:

- ▶ To understand the effect of alcohol and cigarettes
- ▶ To know that some products have age restrictions and understand the reasons for this
- ▶ Understand the importance of checking change and of receipts
- ▶ Consider some environmental aspects of shopping

Dark Alleyway

Learning Objectives:

- ▶ To be more aware of risks, particularly crime, when out and about and to know how to reduce these risks and feel safer
- ▶ To understand the dangers of drug materials and to know to keep away from them
- ▶ To think about some difficult choices and be able to weigh up the risks and benefits of different responses

Safebytes Internet Cafe

Learning Objectives:

- ▶ To understand that people on the internet may not always tell the truth and that information may not be accurate
- ▶ To know how to protect themselves online, especially in relation to instant messaging and social networking sites
- ▶ Set your profile to private
- ▶ Only accept as friends/contacts people you know in real life
- ▶ Get help online or from a trusted adult if anything makes you feel uncomfortable

Street and Bus

Learning Objectives:

- ▶ To be able to assess risk when travelling on public transport and take action to reduce it
- ▶ To know how to travel safely and responsibly
- ▶ To understand the dangers of electrical substations
- ▶ To know the basics of safe cycling
- ▶ To understand the importance of cleaning up after dogs